

inch loss, cellulite and detox treatments

We offer an extensive selection of body wraps and treatments where we

GUARANTEE inch loss and cellulite reduction

UNIVERSAL CONTOUR WRAP

The UK's No 1. body wrap with guaranteed minimum at least 6" loss staying off for at least 30 days or your money back – **scientifically proven treatment** – fantastic results, smoother skin, detoxifying and reduces cellulite. No wonder this treatment is so popular it works! £65 or 3 for £185

PLATINUM AQUA DETOX

Rebalance and refresh your Mind Body & Soul – place your feet in our state of the art ergonomically designed foot spa with microprocessor electronic array and let the Platinum Aqua Detox do the rest – releasing the toxins in your body through the thousands of pores in your feet. Has to be seen to be believed. To further relax we carry out a complimentary Indian Head Massage during the treatment. £35

CLARINS DETOX BODY TREATMENT

This treatment will detoxify the system, recharge the body's energy levels and tone the skin. Using skin-softening exfoliation creams and oils rich in detoxifying and toning ingredients. A top to toe aromatic scrub that refreshes and awakens the senses. £48

CACI QUANTUM BODY TREATMENTS

The most advanced multi functional body toning system available. Shapes and tones body contours with amazing results. Can be used as an individual body treatment programme or in conjunction with CACI non surgical facelift creating the opportunity to have a face and body lifting and toning programme at the same time.

SLIMMING, CELLULITE, LYMPHATIC DRAINAGE, BUST ENHANCEMENT PROGRAMMES AVAILABLE. £35 per session; 3 for £75 or 10 for £250

body bronzing

Clarins, Fake Bake or St Tropez	£38
Full Body Bronzing (no exfoliation)	£30
Xen Spray Tan or Naturesun	£28
Exfoliation prior to spray tan	£12

manicures and pedicures

Using quality premium products from the Jessica range – manicurist to the stars!

Polish	£8	Manicure	£25	Pedicure	£28
File & Polish	£12.50	Luxury Manicure	£28.50	Luxury Pedicure	£30

MINX TOE OVERLAYS

Have you been Minxed yet? the latest trend from America that all celebrities are wearing – choose from Metallic Silver, Solid Gold, Pink Leopard, Seductive Fishnet and lots lots more – these exciting glamorous nail overlays last for weeks without chipping or damaging your natural nail – make a fashion statement for only £25

CALGEL Nail Overlays (<i>semi permanent manicure/pedicure – lasts for weeks</i>)	£35
CALGEL Nail Extensions (<i>organic products will not harm your natural nail</i>)	£45
Acrylic Nail Extensions	£38
Infills	£25
Individual nail repairs	£7
Nail Gems	from £2

gift vouchers

Birthdays, Anniversaries, Christmas, a New Baby

There's always a good reason for giving a gift voucher.

Personalised vouchers also available.

permanent hair reduction

Using IPL (Intense Pulse Light)- more advanced, less painful and faster results than laser and currently the most advanced and proven method of permanent hair reduction on the market this virtually painless system eliminates the need for electrolysis and waxing. Suitable for both men and women with remarkable results. We have been carrying out this form of hair removal now for over 7 years and as one of the first clinics in Scotland to provide this type of hair reduction, we are considered to be experts in this field. we have an extensive client bank of very satisfied customers. If you would like to be hair free, then why not book in for a consultation with one of our experts.

botox & derma filler clinic

Having offered this treatment in our Glasgow clinic for over 6 years where we have established such a demand that we hold a clinic every week. Prior to treatments our expert Doctor (a facial surgeon) will carry out a full consultation and personally administer these treatments for you. Regular clinics will now be held in our Bridge of Allan salon.

semi permanent make up – wake up to make up

Yes that's right imagine waking up and having lovely semi permanent eyebrows, lipliner and eyeliner. Our expert (who has to be one of the best in the industry) will enhance these features using semi permanent make up techniques which will last for years.

Absolutely fantastic! approx £295 per area

make up

Touch of colour	£18	Full Make Up	£25
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waxing, tinting and threading

	from		from
½ leg	£15.50	Bikini	£9.50
½ leg & bikini	£22.50	Extended bikini	£12.50
¾ leg	£19.50	Bikini gems	£12.00
¾ leg & bikini	£24.50	Chest wax from	£14.50
Full leg	£22.50	Back wax from	£15.50
Full leg & bikini	£26.50	Forearm	£9.00
Brazilian landing strip (<i>using specialist wax</i>)	£24.50	Full arm	£13.50
Brazilian & ½ leg	£38.00	Eyelash tint	£12.00
Brazilian & full leg	£46.00	Eyebrow tint	£8.00
Hollywood totally bare (<i>using specialist wax</i>)	£27.50	Eyebrow tint & lash tint	£16.50
Hollywood & ½ leg	£41.00	Eyebrow & lash tint & eyebrow wax	£19.50
Hollywood & full leg	£48.00	Semi permanent lash extensions	£69.95
Underarm	£8.50	Top up lashes	£1.50 each
Eyebrow	£8.50	Threading	
Lip or chin	£6.00	Eyebrow	£9.50
		Lip	£7.50
		Face	from £10

Savannah Day Spa offers a haven for pampering, relaxation and total chill out experiences as well as essential treatments in warm welcoming friendly surroundings.

Spa Pampering Day Experiences our speciality – from only £99 (only available in Menzies Hotel)

If you would like to escape for the day and indulge yourself then join us for a Pampering Day Experience where you will be totally spoilt in luxurious relaxing surroundings. You will have full use of the fabulous leisure club facilities including hi tech GYM, SAUNA, JACCUZI, STEAM ROOM, & POOL, your choice from a selection of treatments and a CHAMPAGNE LUNCH – SHEER INDULGENCE and PURE BLISS – the perfect gift.

Touch of colour £18 • Make up £20

Using Clarins or Jane Iredale finest PURE organic skincare waterproof mineral based make up.

me time...

loyalty reward card

At Savannah our aim is to exceed your expectations in every aspect of our quality and service.

As a way of saying "thank you" for your support we would like to give you the opportunity to enjoy some "me time" on us. Every time you spend £10 or more on products or treatments we will credit your reward card with a reward point towards a complimentary "me time" treatment of your choice at Savannah Beauty Centre & City Spa.

Ask at reception for your "me time" card today and start collecting reward points now.

Wedding Packages • Gift Vouchers

To secure your appointment a booking fee will be requested. 24 hrs notice of cancellation will incur a 50% charge less than 24 hrs notice will incur full payment.

1 Allnvale Rd • Bridge of Allan • Stirlingshire FK9 4NU • 01786 831 200

Opening hours: Monday to Friday 9.30 – 8 pm • Saturday 9 – 5 pm *Appointments outwith these hours available on request*

Also at Menzies Hotel & Spa • 27 Washington St • Glasgow • 0141 270 2317 and 482 Crow Rd • Jordanhill • Glasgow • 0141 334 0077

www.savannahbeautycentre.com



relax...

...let us take care of you



Savannah
DAY SPA

clarins specialist luxury facials

A journey into the world of plants. From Brittany to Burma, Clarins travels to the most remote corners of all five continents in a constant quest for plants with the most powerful active ingredients. Clarins uses the power of science to extract the natural beauty secret from the heart of each one, resulting in the purest, highest quality and most effective botanicals. Savannah skin spa invites you on a unique journey using the purest plant extracts and essential oils. The result is a blissful sensory totally luxurious experience.

CLARINS PERSONAL BLEND REBALANCING FACIAL

Whatever your skin type this facial using Clarins renowned 100% pure plant facial oils including oils of Sandalwood, Lotus and Blue Orchid amongst others which are individually prescribed according to your skin types requirements – purifies and balances oily congested skin, hydrates and nourishes dry skin revitalises dull, tired skin and soothes and revives dehydrated and sensitive complexions. It's a sensory experience that leaves you with super soft glowing skin.

Mini facial £28 Full facial £40

CLARINS EXTRA RELAXING FACIAL

Calming and uplifting this facial leaves you floating on a cloud. Starting off with a relaxing back neck and shoulder massage followed by a facial cleanse, tone, mask and to complete the experience a relaxing face and scalp massage using both hydrating and nourishing serums to revitalise your skin. Absolute bliss!

£40

CLARINS BLISSFUL BEGINNINGS FACIAL

Pure indulgence for face and body, adapted to your pre and post natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards you will feel energized and wonderfully relaxed with baby-soft skin. *Our natural beauty secret...* Clarins universally acclaimed tonic body treatment oil which helps to prevent the appearance of stretch marks.

£42

specialist advanced anti-ageing facials

YOUTH BOOSTER

Richly replenishes mature skin facing hormonal changes, leaving it velvety-smooth and youthfully radiant with less noticeable lines. *Our natural beauty secret...* Japanese Pereira Lobito 'the forever young plant' which boosts vital cell metabolism.

£50

SKIN FIRMER

Restores deep-down youthful firmness and luminosity to skin that's starting to look less supple, smooth and fresh as the years go by – *our natural beauty secret...* The vitamin D-rich Hop from Bavaria which has energising and firming properties.

£50

THIRSTY SKIN SOOTHER

Delivers a moisture rush to dehydrated or sensitive skin, to counteract the effects of pollution, air-conditioning and stress. Taut skin feels silky-soft, comfortable and glowing again. *Our natural beauty secret...* Hamanthalia Elongata, a mineral-rich algae with intensive moisture-retaining powers, harvested off the west coast of France.

£50

RADIANCE RITUAL

An immediate radiance and vitality boost for dull tired looking skin that's lost its sparkle. *Our natural beauty secret...* The vitamin C and E-rich Kiwi, the New Zealand super-fruits with the highest content of skin-protective antioxidants.

£50

OILY SKIN RESCUER

Pure genius at regulating excess oiliness and rescuing oily or combination skin from breakouts, shine and open-pores. *Our natural beauty secret...* the powdered bark of the Burmese Tanka Tree renowned for its softening and purifying properties.

£50

SAVANNAH SIGNATURE FACIAL

Using sophisticated plant extracts and vitamin based ingredients from the luxurious Germaine de Cappucinni professional skin care range - a choice of four luxurious classic facials customised to restore your skin to a perfect state of balance and harmony. A highly relaxing effective facial treatment incorporating scalp and lymphatic drainage massage carried out on a warm water filled mattress.

Very very highly recommended. £42

STRATEGIST COSMETIC MICRODERMABRASION

Inspired by microdermabrasion – visibly transforms the appearance of the complexion quickly and effectively. Marks and dark spots, lines and wrinkles are dramatically reduced. Reinvents new skin – no aggression minimises skin irregularities and enlarged pores – for immediate results this facial is a must.

£48

TIME EXPERT ADVANCED ANTI AGEING FACIAL

This luxurious facial with patented Micro Dermoxine technology an innovative combination of peptides makes this remarkable luxurious facial a must for people who want to see amazing lifting and firming results with definite fine line and wrinkle reduction. The products used in this facial mimic the effects of botox, relaxing the muscles, stimulating collagen production, resulting in a much younger looking skin – this advanced anti ageing facial will definitely take years off you! An excellent anti ageing facial.

1 hr 30 min £75

CACI NON SURGICAL FACE LIFT

Recognised as the best Non Surgical Face Lift on the market the latest technology from CACI will gently lift and tone the muscles of the face smoothing the appearance of fine lines and wrinkles and enhance the general appearance giving a far more youthful look. The results from this treatment are excellent and can be seen even after only one session though a course of 10 is recommended.

£40 or £375 course of 10

SUPER CACI – as above but with additional time spent concentrating on specific problem areas. £48

CACI HYDRATONE

A new express treatment from CACI where a special mask is used for 10 minutes with brilliant results. £20 with CACI £30 standalone.

eye treatments

CLARINS SKIN SMOOTHING EYE TREATMENT

A lovely relaxing eye treatment which refreshes and revitalises tired eyes and helps reduce puffiness and the appearance of fine lines and wrinkles.

£25

CACI NON SURGICAL EYE TREATMENT

Using Caci Non Surgical face lift techniques this eye treatment is a brilliant quick fix encouraging collagen production and reducing the appearance of fine lines and wrinkles – great before a night out.

£22.50

TIME EXPERT EXPRESSION LINES EYE TREATMENT

An exclusive highly effective treatment using the latest patented technology producing amazing lifting and firming results. This comprehensive treatment mimics botox but without injections and prolongs the effects of botox if you have it.

£25

skin peels

AGERA SKIN PEELS – The most advanced skincare in the world

Skin peels for anti-ageing; acne; pigmentation and age spots – the most advanced skin care in the world – producing amazing results – if you are serious about skincare then this range is a must for you.

Peels £48

MD FORMULATIONS – Glycolic Acid Facial Peels

Using this popular effective brand – with excellent results

Peels £40

facial rejuvenation

The latest anti ageing techniques using Energist Ultra Intense Pulsed Light therapy – the most advanced system on the market -increases collagen production and reduces the signs of ageing, age spots, acne prices start at £125 per session.

gents facials

TIME FOR MEN

Based on a cocktail of Citrus, Sake, Olive leaf, trace elements and Birch Sap, a range of ingredients which have been designed to cater specifically for men's skin which is often irritated by the daily ritual of shaving. An excellent treatment which is highly relaxing but most effective with immediate results. This facial therapy is combined with a highly relaxing 'Chi Zen ' back massage – the perfect way to unwind for 1 ½ hrs.

£55

C PLUS ENERGY – PROFESSIONAL PROGRAMME FOR MEN'S SKIN

The most advanced re-energising and detoxifying professional GENTS facial treatment against the effects of skin fatigue. Features the energy and vitality fatigued skin needs, eliminates toxins and strengthens defenses against pollution, stress and the action of free radicals, provides firmness elasticity and luminosity, and rehydrates and reduces the appearance of fine lines and wrinkles – resulting in a more youthful appearance.

£42

CLARINS GENTS SKIN BLITZ FACIAL

Shaving bumps and irritation, stress and tiredness, greyness and congestion.. whatever life has hit your skin with this super relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth using Clarins skincare range specifically for gents skin – excellent results.

£42

massage and alternative therapies

HOT STONES THERAPY MASSAGE

This deep tissue highly relaxing healing massage detoxifies the body boosts the immune system and unblocks stagnant energy resulting in a feeling of deep relaxation and well-being, the treatment is carried out using warm basalt marble stone – easing away deep tissue tension – a fantastic treatment.

Back neck & shoulder £28 Full Body £45

HYDROTHERM MASSAGE

Ayurvedic massage for Mind, Body & Spirit – this deep profoundly relaxing and highly beneficial massage technique is carried out on a bed of hot water filled cushions – taking massage into new dimensions. Hydrotherm massage will relieve stress, ease joint and muscle stiffness and is suitable for everyone – the ultimate out of body experience – trying is believing!

Back neck & shoulders £28 Full body £45

DEEP HEAT SPINE & NECK D-STRESS

Using brown algae, natural clay rich in trace elements, mineral salts and herbal scents which will deeply relax your spine and neck whilst warm bubbles delightfully massage this easily stressed area. This treatment adds a new dimension to a back neck & shoulder massage and is loved by both male and female clients.

£40

MUSCLE EASE BODY MASSAGE

Whether you have overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits resting your sense of well being.

Back neck & shoulders £25 Full body £40

AROMATHERAPY

Aromatherapy is the use of pure essential oils, the properties of which assist the body's natural healing process. The oils are distilled from herbs, flowers, roots, woods and resins each one having individual therapeutic properties.

Back neck & shoulders £25 Full body £40

SWEDISH

A firm massage, excellent for relieving aches and pains.

Back neck & shoulders £25 Full body £40

INDIAN HEAD MASSAGE

An excellent tension releasing massage for head, neck and shoulders.

£32

REFLEXOLOGY

Works on the pressure points or reflexes of the feet which relate to all the parts of the body – an extremely enjoyable and beneficial treatment.

£32

REIKI

The meeting of energies, a feel good healing treatment.

£35

HOPI EAR CANDLES

A holistic natural treatment ideal for clients who suffer from headaches, blocked sinuses and ears - relieves pressure with very beneficial results.

£32

luxury body treatments

LUXURY CHOCOLATE THERAPY – WITHOUT THE CALORIES!

Guilt free indulgence with this Deluxe Chocolate Body Wrap – an irresistible "Happy Treatment" which as well as improving the appearance of cellulite & orange peel skin with the aroma of Chocolate stimulates your senses releasing endorphins and leaves you in a really happy state. This natural detox treatment will also leave your skin hydrated, nourished and irritable soft and smooth to the touch – certain to bring out the chocoholic in you!

£45

CLARINS EXTRA RELAXING BODY TREATMENT

Relaxes the mind and lifts the spirits. Key ingredient is a fusion of pure, aromatherapeutic plant oil containing basil, camomile and hazelnut, 60 minutes of massage, including back, scalp, hand and feet, eases away deep tissue tension.

£45

CLARINS FIGURE SHAPER

Intensive stimulating treatment refines the appearance of skin, perking up overall tone and helping your body to look smoother and more streamlined. Circulation is boosted, reducing fluid retention. *Our natural beauty secret...* Peruvian Uncaria Tomentosa which helps to prevent the body from storing excess fats.

£50

SUPER HYDRATOR

Drenches dry or dehydrated skin in moisture, dramatically transforming its texture. Suddenly your body feels smooth and silky soft to the touch. *Our natural beauty secret...* Hawaiian Candlenut Oil, which has excellent skin-nourishing properties.

£50

INTENSIVE BODY FIRMER

Restores youthful firmness and deep down luxurious softness to skin that's starting to lose condition. Your body looks and feels more supple, toned and revitalized your skin is nourished and satin-smooth and stretch marks are less noticeable. *Our natural beauty secret...* Bocoa, an ancient Amazonian tree known for its firming properties.

£50

ANTI-AGEING SPECIAL

A youth-boost for skin that looks dry, dull and lined, this makes a real impact on smoothness softness and luminosity. It's particularly good for skin that's showing signs of ageing and sun damage (like age spots on the chest) or simply neglect. *Our natural beauty secret...* Indian Cashew Nut Oil, which helps to nourish and smooth skin tone.

£50

SAVANNAH SIGNATURE HYDRATION BODY SCRUB

This innovative three-in-one exfoliation treatment uniquely combines a mixture of pure sea salt crystals from the south of France, lemon and pineapple fruit enzymes and dried flowers chosen for their skin-refining properties. When mixed with Clarins 100% plant body oils, the result is a luxurious warming experience that leaves the skin feeling like new.

Choose from:

Relaxing – *Our natural beauty secret* – essential oils of Geranium and Camomile and a handful of lavender flowers

Revitalising – *Our natural beauty secret* – Rosemary and Rosewood essential oils and safflowers.

Back treatment £35 Full body £48