

# caci non surgical body lifting treatments

## CACI BODY TREATMENTS

Using the most advanced Face and Body lifting technology available, the CACI Quantum body treatments are available for:

- Inch Loss - Guaranteed inch loss treatment  
Cellulite Reduction • Bust Enhancing • Body Toning & Sculpting • Lymphatic Drainage  
Bust Lift • Bum Lift • Stomach Toning      £32 per treatment, 3 for £80 or 10 for £250

**CACI HAND TREATMENT** – Perfect for aged and house worked hands, this pampering treatment softens lines and wrinkles, improves crepey skin and reduces the appearance of pigmentation patches and sun damage.      30 minutes £25

**CACI ULTIMATE HAND TREATMENT** – The most advanced CACI, incorporating the latest LED light therapy treatment and microdermabrasion to give you hands the youthfull appearance you have always wanted.      30 minutes £25

# inch loss/cellulite & detox treatments

We offer an extensive selection of body wraps and treatments where we GUARANTEE INCH LOSS & CELULITE REDUCTION -for more details our qualified therapists will be happy to discuss and work out a treatment plan for you with guaranteed results.

## UNIVERSAL CONTOUR WRAP

The UK's No 1. body wrap with guaranteed minimum of at least 6" loss, staying off for at least 30 days or your money back – **scientifically proven treatment** – fantastic results, smoother skin, detoxifying and reduces cellulite. No wonder this treatment is so popular it works!      £69 or 3 for £185 • Add facial £20

## SHRINKING VIOLET INCH LOSS TREATMENT

A revolutionary new inch-loss wrap, which works on lipolysis to remove fat! Brilliant quick fix with great results – particularly if you want to get in to that little black dress.      £59

## PLATINUM AQUA DETOX

Rebalance and refresh your mind, body & soul. Modern day living stress and the environment all introduce toxins into your body – place your feet in our state of the art ergonomically designed foot spa, with microprocessor electronic array, and let the PLATINUM AQUA DETOX do the rest, releasing the toxins in your body through the pores in your feet. Has to be seen to be believed!      £38

## CLARINS DETOX BODY TREATMENT

This treatment will detox the system, recharge the body's energy levels and tone your skin. Using skin softening exfoliation creams and oils, rich in detoxifying and toning ingredients, this top-to-toe aromatic scrub will refresh and awaken the senses.      £45

# alumier – skin peels & facial

This science based skin care is only available in selected skin care clinics and medical spas. Speak to our trained aestheticians about these fantastic products and facials.

# new radio frequency facial

This excellent anti ageing facial is currently on trend. Everyone is talking about it – tightens sagging skin and rejuvenates, giving a more youthful appearance.

# body bronzing

Clarins, St Tropez or Xen Tan (hand-application tan including exfoliation)	£40
Half Body Bronzing	£22
Full Body Bronzing (no exfoliation)	£30
Xen Spray Tan	£20
Exfoliation prior to spray tan	£12

# thread vein removal

We offer thread vein removal treatments, using our Intense Pulse Light technology – far less painful than electrolysis. Prices are dependent on size of area needing treatment.

# permanent hair reduction

Using IPL (Intense Pulse Light) – more advanced, less painful and achieves faster results than laser and currently the most advanced, proven method of permanent hair reduction on the market. This virtually painless system eliminates the need for electrolysis and waxing. Suitable for both men and women with remarkable results! We have been carrying out this form of hair removal now for over 14 years and, as one of the first clinics in Scotland to provide this type of hair reduction, we are considered to be experts in this field. We have an extensive record of very satisfied customers. Why not book in for a free consultation with one of our experts?

# electrolysis

The most effective electrolysis system - Sterex Blend Method.  
10 mins - £14.00 • 15 mins - £16.00 • 20 mins - £22.00 • 30 mins - £25.00

# Hi – Definition/Mii (pronounced me) eyebrows

Threading, waxing, tweezing, tinting, and colouring for an amazing effect - the latest trend! Get the wow-factor eyebrows that get you noticed – a must!      £18.50

# waxing treatments

## Specialist Advanced Waxing Treatments - for Ladies and Gents

For these treatments, we use special peelable wax, which is less painful, less reactive and far kinder to the skin and is specifically made for Brazilian and Hollywood waxing.

	from		from
½ leg	£17.50	Underarm	£9.50
½ leg & bikini	£28.50	Eye brow	£8.50
¾ leg	£20.50	Lip or chin	£6.00
¾ leg & bikini	£30.50	Bikini (hot wax)	£12.50
Full leg	£24.50	Extended bikini	£15.50
Full leg & bikini	£30.50	Chest wax from	£19.50
Brazilian landing strip (using specialist wax)	£28.50	Back wax from	£19.50
Brazilian & ½ leg	£41.50	Intimate male waxing	£49
Brazilian & full leg	£49.50	Forearm	£12
Hollywood totally bare (using specialist wax)	£28.50	Full arm	£15
Hollywood & ½ leg	£41.50	<b>Threading</b>	
Hollywood & full leg	£48.50	Eye brow	£9.50
		Lip or chin	£7.50
		Face	from £15

# manicures and pedicures

Using quality premium products from the Jessica range – manicurist to the stars!			
Manicure	£28	Luxury Manicure	£30
File & Polish	£14.50	Pedicure	£30
Phenom File & Polish	£14.50	Luxury Pedicure	£32
Smart Gel Polish - fingers or toes	£17.50		

## JESSICA GELERATION – 3 week non chip manicure

Taking nails to a new level this amazing 3 week non chip manicure is taking the industry by storm – fantastic – puts traditional manicures in the shade	£25
Or as an add on to a manicure or pedicure	an additional £10
Soak off	£10
Soak off and reapplication	£35
Acrylic Nail Extensions	£38
Infills	£25
Individual nail repairs	£7
Nail Gems	from £3.50

## IBX

This is a fantastic treatment designed to repair and strengthen damaged nails as well as ensuring nail plate integrity under nail enhancements and gel polish.      from £5

## MINX TOE OVERLAYS

Choose from metallic silver, solid gold, pink leopard print, seductive fishnet and many, many more. These exciting, glamorous nail overlays last for weeks without chipping or damaging your natural nail!      Make a fashion statement for only £25

Savannah Beauty Centre & City Day Spa offers a haven for pampering, relaxation and total chill out experiences as well as essential treatments in warm welcoming friendly surroundings.

## Spa Pampering Day Experiences our speciality – from only £49 (only available in Menzies Hotel)

If you would like to escape for the day and indulge yourself then join us for a Pampering Day Experience where you will be totally spoilt in luxurious relaxing surroundings. You will have full use of the fabulous leisure club facilities including hi tech GYM, SAUNA, JACCUZI, STEAM ROOM, & POOL, your choice from a selection of treatments and a CHAMPAGNE LUNCH – SHEER INDULGENCE and PURE BLISS – the perfect gift.

## me time...

## loyalty treat card

At Savannah our aim is to exceed your expectations in every aspect of our quality and service.

As a way of saying "thank you" for your support we would like to give you the opportunity to enjoy some **"me time"** on us. Every time you enjoy a treatment with ourselves or purchase products, then we credit your treat card with loyalty points towards a complimentary treatment which you have not had before at Savannah Beauty Centre. Log onto our APP and see the selection of lovely treats you are eligible for.

Touch of colour **£20** • Full Make up **£25**

Using Clarins or Jane Iredale finest PURE organic skincare waterproof mineral based make up.

Clarins • Neals Yard  
Wedding Packages • Gift Vouchers

To secure your appointment a booking fee will be requested. 24 hrs notice of cancellation will incur a 50% charge less than 24 hrs notice will incur full payment.

482 Crow Rd • Jordanhill • Glasgow • 0141 334 0077

Opening hours: Monday to Friday 9.30am – 8pm • Saturday 9am – 5.30pm • Sunday 11am – 5pm

Also at Menzies Hotel & Spa • 27 Washington St • Glasgow • 0141 270 2317

www.savannahbeautycentre.com



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IN PEOPLE

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relax...

...let us take care of you



Savannah  
BEAUTY CENTRE & CITY DAY SPA



# dermaplane facial

The very latest treatment removes up to 3 weeks dead skin and velous hair. Our experienced aesthetician, using a surgical scalpel, will leave your skin silky smooth and glowing. Make up looks amazing after this fantastic, results driven, ground breaking treatment. £75 or add on Facial peel or led light treatment £95. (See our Facebook for video)

# specialist advanced anti ageing facials

At Savannah we believe we offer the most extensive range of premium quality anti ageing facials available on the market – our products are results driven and are some of the most advanced in the world guaranteed to produce results. Our fully trained aestheticians will be more than happy to discuss your skin care and make tailor made recommendations for you.

### CACI SYNERGY NON SURGICAL FACE LIFT

This REALLY IS THE CREME DE LA CREME OF CACI facials - it combines non surgical facial toning with the skin rejuvenation benefits of both our Ultra and Ultimate treatments. CACI SYNERGY introduces breakthrough technology SPED (probes with LED light) RESULTS PROVIDING THE VERY BEST IN CACI Ultrasonic Peeling and Orbital microdermabrasion. The LED light therapy will lift and tone the face and neck followed by CACI's unique Wrinkle Comb to target fine lines and wrinkles – after a course you can expect to see a more youthful and toned appearance with glowing healthy younger looking skin. 90 minutes • £95

### CACI NON SURGICAL FACE LIFT

Recognised as the BEST MOST EFFECTIVE Non surgical face lift on the market. Using the latest and most up to date technology CACI will gently tighten, lift and tone the muscles of the face, smoothing the appearance of fine lines and wrinkles and enhancing the general appearance giving a far more youthful look. The results from this treatment are excellent and can be seen even after one session. No wonder all the Celebs go wild for it!!! A course of 10 treatments is highly recommended for maximum benefit.

One session £45 • Course of 10 £420 • Course of 5 £210

**SUPER CACI** – an extension of the CACI non-surgical facelift with additional time spent on areas of concern. £50

**CACI HYDRATONE** – a new express treatment from CACI where a special mask is used for 10 minutes with brilliant hydrating and toning results. £20 with CACI • £30 standalone

**CACI JOWL LIFT** – the latest treatment from CACI, working on the jowls/jaw line to give and impressive lift and help get rid of neck lines, wrinkles and that double chin effect. £28

**CACI ultimate healing treatment** – CACI has an answer to problematic skin this amazing new treatment will help reduce redness in the skin associated with acne and rosacea, The CACI healing/blemish treatment will target blemishes, and is clinically proven to treat acne concerns. Red and blue light therapy is renowned for anti-bacterial and anti-inflammatory healing. This is combined with microdermabrasion to remove dead skin cells and micro-current to stimulate collagen and help tissue repair. £40

**CACI LIP PLUMPING** - This treatment uses LED red light therapy, an Amino-Lift Peptide serum and the CACI wrinkle comb to plump up your top and bottom lips. The instant result – lasting around three days – is fuller looking lips, perfect for a special occasion such as a first date, wedding, party or day at the races. The CACI Lip Plump can be carried out as a standalone treatment or combined with our other facials for ultimate overall results. £20 standalone treatment • £15 if combined with CACI

### DIAMOND PEEL MICRODERMABRASION

Using the latest Diamond Peel Microdermabrasion this system promotes cellular renewal and stimulation of collagen and elastin fibres. Reduces fine lines and wrinkles, improves ageing skin, pigmentation, open pores, acne scarring and dull congested skin and even helps with stretch marks. Standalone treatment only £38 or buy a course of 5 and get 1 free or £30 if used in conjunction with a selection of facials or peels.

### CLARINS PERSONAL BLEND SIGNATURE FACIAL

Whatever your skin type, this facial using Clarins renowned 100% pure plant Facial oils including oils of Sandalwood, Lotus, and Blue Orchid amongst others which are individually prescribed according to your skin types requirements -purifies and balances oily congested skin, hydrates and nourishes dry skin and revitalises dull, tired skin and soothes and revives dehydrated and sensitive complexions. £44

### CLARINS EXTRA RELAXING FACIAL

Calming and uplifting this facial leaves you floating on a cloud. Starting off with a relaxing back neck and shoulder massage followed by a facial cleanse, tone, mask, and to complete the experience a relaxing face and scalp massage using both hydrating and nourishing serums to revitalise your skin. Absolute bliss! £45

### CLARINS BLISSFUL BEGINNINGS FACIAL

Pure indulgence for face and body, adapted to your pre and post natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improvising skin tone and elasticity. Afterwards you will feel energized and wonderfully relaxed with baby soft skin. *Our natural beauty secret...* Clarins universally acclaimed tonic body treatment oil which helps to prevent the appearance of stretch marks. £45

### CLARINS TIME PRECIOUS FACIAL

The ideal facial when you are short of time but want to improve your skin. The therapist will use the most effective products to give maximum result in minimum time. £30

### GLAM GLOW FACIAL

With its origins in Hollywood's film studios, GLAMGLOW® is the perfect facial treatment for when you need great skin and a glowing complexion. This performance driven super treatment is an absolute must for those who seek the highest quality ingredients and exceptional results, even if you have never normally have facials – GLAMGLOW is unique. It doesn't just take care of one skin concern, it delivers everything you need for great skin, whatever your skin type. 1 hour £45 • with microdermabrasion £55

# Clarins Triactive Luxury Facials

Powered by Clarins Pro formulas, five new highly personalised results driven facial treatments – £75 add back massage for £10

### THE SUPER RESTORATIVE FACIAL

Provides intensive nourishment and hydration to reactivate the plump, peachy-smooth luminosity of youthful looking skin. Contouring and detoxifying massage restores definition, brightens features and minimizes the appearance of age spots

### THE LIFTING LINE SMOOTHER

As skin is re textured and its youth-giving renewal process intensively energised, it instantly becomes smoother, firmer, even lifted and looks refreshed and rested. Just like a week away.

### THE RADIANCE REVIVER

Dull, tired, stressed skin is intensively detoxified and recharged with a cocktail of antioxidants and super revitalising plant extracts which restore health and radiance. Think multi-vitamin for the skin.

### THE MOISTURE REPLENISHER

Intensively replenishes depleted moisture levels in dry, dehydrated skin which immediately restores softness, suppleness, comfort and radiance. An oasis in the desert that is parched skin.

### THE SKIN HEALER

Sensitive skin is immediately and intensively soothed, calmed and repaired to restore softness, suppleness, comfort and radiance. A coolong, healing hand. *At Home: Clarins Gentle Skin Care.* £63 or course of 5 and get 1 free

# eye treatments

### CLARINS AGE DEFINING EYES

Intensively replenishes the delicate eye area, visibly reducing fine lines and wrinkles to reveal more youthful-looking eyes from temple to temple. A complete anti-ageing treatment for bright and beautiful eyes. 30 minutes £25

### CACI EYE REVIVE TREATMENT

An amazing eye treatment from CACI with brilliant results - and oh so popular. The new CACI eye revive treatment uses microcurrent to gently tighten and tone sagging muscles around the eye area, whilst reducing the appearance of fine lines and wrinkles. The treatment uses serum filled CACI microcurrent eye rollers to infuse the CACI eye revive serum deep into the skin, to reduce puffiness and dark circles. The deeply nourishing hydro eye mask is then applied to soothe the skin and reduce fine lines and wrinkles. 30 minutes £35

### ELLEEBANA LASH LIFT

If you already have beautiful eyelashes but want them to stand out a little bit more, then the Elleebana lash lift is perfect for you. Throw out the eyelash curler and the mascara promising you the world and book in with one of our trained professionals. This treatment is similar to a lash perm, the Elleebana Lash Lift lengthens and curls your own natural lashes. This treatment is perfect for those who have long, straight, natural lashes and want to jazz them up a bit. £49 (tint test required)

### EYELASH EXTENSIONS

The latest semi permanent lash extensions only £49.95  
Individual lash extensions – perfect party lashes £1.50 each  
Eyelash tint £12 • Eyebrow tint £8 • Eyelash/brow tint and shape £20.50  
Ear Piercing £22 including earrings

# make up

Using Clarins make – up our therapists will create the perfect look for any occasion, party, wedding, or just that special night you want to look your best.  
Day time - £20 • Evening or Bridal £25 • Add strip lashes £7

# facial rejuvenation

Using the very latest intense pule light technology this advanced anti ageing treatment reduces skin pigmentation, age spots. Improves skin texture and appearance and increases the production of collagen, dramatically reducing the appearance of fine lines and wrinkles, resulting in a more youthful appearance. A course of 4 treatments is recommended. from £155 per session

# gents facials

### TIME FOR MEN

Based on a cocktail of citrus, sake, olive leaf, trace elements and birch sap, a range of ingredients which have been designed to cater specifically for men's skin which is often irritated by the daily ritual of shaving. An excellent treatment which is highly relaxing but most effective with immediate results. The facial therapy is combined with highly relaxing "chi Zen" back massage – the perfect way to unwind for 1 ½ hrs. £55

### CLARINS GENTS SKIN BLITZ FACIAL

Shaving bumps and irritation, stress and tiredness, greyness and congestion.. water life has hit your skin with this super relaxing bespoke facial will target and treat it. Your face will look and feel refreshes, healthy and smooth using clarins skin specifically for gents skin – excellent results. £42

# massage and alternative therapies

### HOT STONE THERAPY MASSAGE

This deep tissue highly relaxing healing massage detoxifies the body boosts the immune system and unblocks stagnant energy resulting in a feeling of deep relaxation and well-being, the treatment is carried out using warm basalt marble stone, easing away deep tissue tension- a fantastic treatment.

Back neck & shoulders £35 Full Body £45

### HYDROTHERM MASSAGE

Massage for mind, body & spirit – the deep proudly relaxing and highly highly beneficial massage technique is carried out on a bed of hot water filled cushions – taking massage to new dimensions. Hydro therm massage will relive stress, ease joint and muscle stiffness and is suitable for everyone – the ultimate out of body experience – trying is believing! Back neck & shoulders £35 Full body £48

### DEEP HEAT SPINE & NECK DE-STRESS

Using brown algae, natural clay rich in trace elements, mineral salts and herbal scents, which will deeply relax your spine and neck whilst warm bubbles delightfully massage this stressed area. This treatment adds new dimensions to back neck and shoulder massage and loved by both male and female clients. £38

### MUSCLE EASE BODY MASSAGE

Whether you have overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, resting your sense of well being. Back neck & shoulders £32 Full body £45

### AROMATHERAPY MASSAGE

Aromatherapy is the use of pure essential oils, the properties of which assist the body's natural healing process. The oils are distilled from herbs, flowers, roots, woods and resins each one having individual therapeutic properties.

Back neck & shoulders £32 Full body £42

### HOT CANDLE OIL MASSAGE

Relaxing massage where warm candle oils are gently poured over your body and massaged in – so, so, so lovely and relaxing – a real destresser. Back neck & shoulders £35 Full body £45

### SWEDISH

A firm massage, excellent for relieving aches and pains. Back neck & shoulders £30 Full body £42

### INDIAN HEAD MASSAGE

An excellent tension releasing massage for head, neck and shoulders. £35

### REFLEXOLOGY

Works on the pressure points or reflexes of the feet which relate to all the parts of the body – an extremely enjoyable and beneficial treatment. £35

### HOPi EAR CANDLES

A holistic natural treatment ideal for clients who suffer from headaches, blocked sinuses and ears – relieves pressure with very beneficial results. £32

# neom luxury organic body treatments

### SCIENCE OF SCENT THERAPY TEST

Take our Science of Scent Therapy test to discover exactly the right Neom blend for your well-being needs. Because the line between lack of sleep, stress & lack of energy is so fine, we often don't actually know the underlying cause. Pop into the salon and take our 10 second test today.

### NEOM SLEEP TREATMENT

The room is deeply scented with Neom Tranquillity fragrance. An extraordinary blend of 19, first pressed essential oils including English lavender, sweet basil and jasmine which was blended with one purpose: to induce deep sleep. The treatment begins with a peaceful guided meditation, reflexology and breathing techniques, throughout, we drizzle the Neom Intensive Skin Treatment Candle oil over the skin, including key stress relieving points on the head, face, neck and back, using the very best techniques of shiatsu, cranial, Thai massage and trigger point work. Prepare to be lost in a blissful state, ready for a deep night's sleep 60 minute treatment £60 • 90 minute treatment £75

### NEOM DE-STRESS TREATMENT

The complex blend of 24 first pressed essential oils in our Real Luxury fragrance, including lavender, jasmine & Brazilian rosewood, creates a de-stressing environment the moment you enter the room, with a peaceful guided meditation, reflexology and breathing techniques. Throughout, we drizzle the Neom Intensive Skin Treatment Candle oil over the skin, and provide specialist massage to key stress relieving points of head, face, neck and back. We harness the very best techniques of shiatsu, cranial, Thai massage and trigger point work. This treatment allows tension to drift away and for a calm new you to be uncovered. 60 minute treatment £60 • 90 minute treatment £75

### NEOM ENERGISE TREATMENT

Using changes in temperature, speed-of-touch and different textures this treatment begins with the Neom Body Scrub with its potently invigorating oils of wild mint and mandarin. Your skin will be buffed head-to-toe, left feeling amazingly uplifted and ready to be fully enveloped in the Neom energising cream clay wrap. The stimulating essential oils of grapefruit, lemon and rosemary penetrate the skin and allow for detoxification, whilst you experience a 20 minute face and scalp pressure point massage plus specialist reflexology techniques. This treatment allows you to stop, unplug and then reboot. Your senses will be awakened and your body and mind will be given a boost of natural energy. 60 minute treatment £60 • 90 minute treatment £75

### NEOM HAPPINESS TREATMENT

Surrounded with a complex blend of 7 of the most potent first pressed oils including white neroli, mimosa & lemon, this treatment begins with a guided meditation, reflexology and breathing exercises all designed to lift your mood. Your skin will be lightly buffed head-to-toe using Neom Body Scrub, with invigorating oils of wild mint and mandarin. By applying techniques of shiatsu, cranial, Thai massage and trigger point touch, we work to decrease stress levels and release endorphins. This purposeful combination of thoughtful touches will lift your spirits, relax you and leave you feeling like the best version of you. 60 minute treatment £60 - 90 minute treatment £75

# luxury body treatments

### CLARINS MELTING HONEY POT HOT STONE MASSAGE

Clarins luxurious Melting Honey takes hot stone massage to a new level – your body will be smothered in a lovely melting honey massage gel, you will then be massaged with our range of special hot stones. Melt away tension and stress, resulting in you feeling totally relaxed and rejuvenated – experience it to believe it! Full body - £63

### LUXURY HOT CHOCOLATE THERAPY – WITHOUT THE CALORIES!

Guilt free indulgence with this Deluxe Chocolate Body Wrap – an irresistible "Happy Treatment" which, as well as improving the appearance of cellulite & orange peel skin with the aroma of Chocolate, stimulates your senses releasing endorphins and leaves you in a really happy state. This natural detox treatment will also leave your skin hydrated, nourished and irritable soft and smooth to the touch – certain to bring out the chocoholic in you! £48

### CLARINS EXTRA RELAXING BODY TREATMENT

Relaxes the mind and lifts the spirits. Key ingredient is a pure, aroma-therapeutic plant oil containing basil, camomile and hazelnut, 60 minutes of massage, including back, scalp, hand and feet, eases away deep tissue tension. 60 mins - £50

### CLARINS AROMATIC DEEP CLEANSING BACK TREATMENT

This treatment consists of an exfoliating back scrub which will cleanse, refine and stimulate the back muscles followed by a deep relaxing massage using 100% pure aromatic oils, mask (optional) and to complete the experience leaving your skin silky smooth a moisturising body lotion will be applied. 45 mins - £38

### SPA TOTAL HYDRATION

Drenches dry or dehydrated skin in moisture, dramatically transforming its texture. Suddenly your body feels smooth and silky soft to the touch. *Our natural beauty secret...* Hawaiian Candelnut Oil, which has excellent skin-nourishing properties. £48